



2EVOLVE USUI RYOHO REIKI TRAINING

Reiki Level 1 (Shoden)

Level 1 Usui Reiki Ryoho course begins your journey of self-development, understanding and healing.

Reiki Level 1 is a stepping stone allowing you to heal yourself spiritually before acquiring the knowledge of how to heal physical and emotional conditions at Reiki level 2.

You will discover how to self-heal and learn traditional techniques taught by the founder, Mikao Usui, such as Byosen Reikan Ho Scanning and Jakikiri Joka Ho. Awaken your spiritual awareness, your healing gift.

Course Details:

This certified Reiki course is taught over one day and a Reiki manual is included.

Cost £149 (no entry requirements) or £415 combined level 1&2 (These are best studied together and discount is applied)

Syllabus:

Meaning of the word Reiki, Reiki attunements, history of Reiki, Reiki Lineage, Reiki ideals, seven levels of Reiki, main Reiki hand positions, Kanji Hand positions, Reiki method for self healing, two consciousnesses, Rei Shower, signs of release, grounding and protection, Japanese Reiki techniques, bio feedback, law (with regards to practicing Reiki), contra-indications, giving Reiki treatments, 21 day cleansing process, practice healing. 4 Reiki attunements.

Outcomes:

After your level 1 Reiki course you will have a deeper understanding of Reiki. You will have acquired theoretical knowledge about various aspects of Reiki such as the history of Reiki, the founder Mikao Usui and students who brought Reiki to the West. You will have learned about the importance of the Reiki

ideals and practicing Reiki correctly. You will understand the contra-indications to Reiki with regards to specific medical conditions and be aware of the laws involved with practicing Reiki. You will have had 4 attunements which connect you to the universal energy allowing you to channel energy for healing purposes. On level 1 you are able to connect to spiritual energy to heal on a spiritual level. Reiki level 2 provides the tools to heal physically and emotionally. You will understand the cleansing process that takes place on a physical, emotional and spiritual level and by the end of the course you will be able to heal yourself successfully on a spiritual level.



Reiki Level 2 (Okuden)

A level 2 Reiki course is the next stage in your journey. On this course you will learn how to heal yourself and others on a physical and emotional level, enabling you to work on any condition no matter how serious it is. Traditional Japanese Reiki techniques are included in this Reiki course such as: Koto Dama, Hatsu Rei Ho. This Reiki course can change your life.

Course Details

This Reiki course is taught over two days, is certified level 2 theory and a Reiki manual is included. To gain full practitioner status a further study day must be attended and case studies completed. Free entrance to your first Reiki share meeting is included.

£415 for level 1&2 (You must have completed Level 1 before level 2 is commenced)

Syllabus:

Energy frequency/ amplitude, Reiki Lineage, Reiki ideals, electric/magnetic healing, Reiki symbols, Koto dama, passive Reiki, active Reiki, correct drawing of symbols, ten basic foundation Reiki methods, Japanese Reiki techniques, professionalism with patients, interview forms/ treatment forms, Reiki method using symbols, giving Reiki treatments, practice Reiki, practice distant Reiki healing, practice beaming Reiki, relaxation methods, 1 attunement and 3 Reiki symbols with this course. Outcomes: After your level 2 Reiki course you will have a greater understanding of Reiki and using Reiki actively to work on conditions on a physical and emotional/mental level. The attunement will

dramatically raise your frequency and enable you to access specific frequencies of energy. You will understand the integral purpose of the Reiki symbols and their respective koto dama and you will understand how these work and how to use them for self-healing and healing others. You will be able to treat people distantly and use the distance Reiki symbol to heal emotional traumas back in time.



PROFESSIONAL PRACTITIONER

Reiki Level 2 (Okuden) Professional Practice

One day course plus case studies to be completed before professional certification awarded. Cost £180 as an add on to previous training (must have completed level 1 and 2) or £529 for level 1&2&PP purchased as a full course.

You will understand how to be professional with clients and effectively utilise interview and treatment forms to establish what needs treating and how to best treat the presenting condition(s)/problem(s) in the safest possible way for your clients and understand what measures are necessary to be a professional and competent Reiki practitioner. Key concepts and techniques will be explored more deeply and practice methods discussed. Professional students are required to submit case studies before being awarded certification and qualification as a Reiki Practitioner. Mentor support is available over the phone and by appointment where further help is required to complete case studies within a nine-month period.